

## The Shepherd Program's 2016-2017 Clinical Support Group Schedule

- All group sessions are held at:  
St. Mary's Home for Children  
The Shepherd Program  
420 Fruit Hill Ave.  
North Providence, RI 02911
  - To make a referral please contact the Intake Coordinator:  
Kimberly Pelletier, LICSW at 401-353-3900 ext. 416
  - Please note that this is not a substitute for Individual therapy, but rather a Group opportunity to enhance therapy.
  - All potential group members will be asked to participate in a group screening to ensure that the group will best meet their clinical needs.
  - We accept Blue Cross, Neighborhood Health Plan of RI & United Health Care for group payment. Clients are responsible for any co-payments or deductibles issued by their insurance.
  - Other payment options include: DCYF 005 & Self pay of \$30 per session (plus \$30 cost for group screening/intake session).
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### **"Families Impacted by Sexual Abuse" Clinical Support Group**

*Formerly "Non-Offending Parent" (NOP) group*

The Families Impacted by Sexual Abuse Support Group is designed to provide peer support and education to parents and caretakers of children and teens that have been sexually abused. The Group Leaders use the Families Impacted by Sexual Abuse Curriculum, created by clinicians at The Shepherd Program, which was recently revised to include current best practices in treating and supporting survivors and their families. Clinical benefits of this group include peer support and psychoeducation regarding topics such as sexual abuse impacts, parenting strategies, trauma impacts on the brain, and treatment needs of survivors.

Fall 2016 Group: October 5- December 21, 2016; Wednesday mornings 10-11:30 am

Spring 2017 Group: March 6 - May 29, 2017; Monday mornings 10-11:30 am or Tuesday evenings 6-7:30 pm

Fall 2016 Referral DEADLINE: 9/16/16

Spring 2017 Referral DEADLINE: 2/17/17

### **"Hope for Healing: A Clinical Support Group for Adult Female Trauma Survivors"**

This ongoing group is led by a Licensed Clinical Social Worker and focuses on support and psycho-education for adult women who are survivors of trauma. When you have experienced a traumatic event in your life, for example physical abuse, sexual abuse, rape, childhood severe neglect/abandonment or domestic violence, it is helpful to talk with other people who are facing similar challenges.

The group meets every Tuesday from 10:30 am-12:00 pm

\*Referrals are accepted on an ongoing basis & new members can join at any time\*

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### **The Justice Resource Institute's "My Life, My Choice" Group**

This 10 session group is designed to empower youth to protect themselves from the commercial sex industry and its perpetrators; explore what makes a healthy relationship; improve self-esteem; and provide positive interaction with peers, medical professionals, law enforcement officers, and survivors. This group is geared for teenage girls ages 12-18 years old and is beneficial for all teenage girls, as all teenage girls are at risk for exploitation. Clients do not need to have a sexual abuse history to benefit from this group.

Fall 2016 Group: November 21<sup>st</sup> - January 23<sup>rd</sup>; Mondays from 4-5:30 pm

Spring 2017 Group: March 6<sup>th</sup> - May 8<sup>th</sup>; Day TBD, 4-5:30 pm

Summer 2017 Group: June 19<sup>th</sup> - August 21<sup>st</sup> (specific dates/times TBD)

### **Clinical Support Group For Children Affected by Sexual Abuse**

This group will focus on helping children: Increase basic knowledge & impact issues about sexual abuse/sexual trauma; Learn positive coping skills; and Understand healthy boundaries.

Summer 2017 Group: June 19<sup>th</sup> - August 21<sup>st</sup> (specific dates/times TBD)