

THE SHEPHERD PROGRAM

ADULT
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SERVICES

Did you know that The Shepherd Program at St. Mary's Home for Children also offers outpatient clinical services for adults? The Intake Coordinator will assess if the below listed services are appropriate for potential clients. Our adult services include:

Families Impacted by Sexual Abuse (FISA)

Curriculum: is designed to provide clinical support and education to parents & caretakers of children & teens that have been sexually abused. Groups occur twice a year with morning & evening options, typically for 12-14 weeks. Clinical benefits of the group include peer support & psychoeducation regarding topics such as: sexual abuse impacts, parenting strategies, trauma impacts on the brain, & treatment needs of survivors. In the event that an individual's needs would not be met in a group setting, the program can be offered individually.

Office Based Outpatient Counseling: with a Master's level licensed Clinician is available for adults. All Clinicians provide trauma-informed care & specialize in sexual abuse specific treatment.

Enhanced Outpatient Services (EOS): is an intensive community based service provided by a Clinician & Care Coordinator, focusing on safety, stability, & achieving well-being. Services include: individual & family therapy, care coordination, support & education specific to mental health needs, up to 20 hours per week.



St. Mary's
HOME FOR CHILDREN

Healing Lives, Restoring Hope – Since 1877

Supporting Teens and Adults At-Risk (STAAR): serves male & female survivors of sexual exploitation & trafficking, up to age 25. Clients receive both clinical & care coordination services up to 16 hours per week in the home/community.

Hope for Healing: Clinical Support Group for Adult Female Trauma Survivors: is an on-going weekly support group for women that focuses on clinical support & psycho-education specific to trauma survivors.

Please Contact our Intake Coordinator for more information: (401) 353-3900, ext. 416, or explore our website at: www.smhfc.org.