

RESIDENTIAL/HOME-BASED FAMILY THERAPIST

Reports To: Family Engagement Specialist

Job # R-25

Effective: 03/2020

Position Summary: The Family Therapist works in the home with families and on the Milieu with youth residing in residential care at St. Mary's who are reunifying with their families, entering foster care, pre-adoptive care, or permanency. The Family Therapist is responsible for ensuring that the values and guiding principles of the Building Bridges framework are carried out in interventions with youth and families. The Program will utilize Family Engagement, Trauma Focused Cognitive Behavioral Therapy, and Family Treatment, and other evidenced based modalities as its clinical model and foundation. Interventions are focused on the entire family.

Duties and Responsibilities:

1. The Family Therapist will have a clinical caseload of youth and families and provide home-based and residential based interventions while the youth is in care at St. Mary's Home for Children. Upon reunification the family therapist may provide continued treatment.
2. The Family Therapist will provide documentation and communication among families, youth, providers, and residential program.
3. Must demonstrate understanding of the clinical, cultural, developmental, and systems issues facing families.
4. Attend trainings related to boundaries and ethics, mandatory reporting, trauma informed care, and mental health systems.
5. Attend and record treatment plan meetings, intake, DCYF case plan/Administrative Review Unit, IEP, discharge and other team meetings.
6. Work with team on Phases of Service Delivery; ongoing assessment, using therapeutic interventions, designing a plan for change, commitment to family voice and choice, team based collaboration, cultural competence, strengths based interventions and respect for boundaries and ethics.
7. Manage crisis and safety issues.
8. Initiates client referral to psychiatric, psychological and other mental health consultants as needed.
9. Write quarterly treatment plans, progress reports, regular session notes, diagnostic assessments, letters, and recommendations to DCYF, CASA and/or Family Court, and transfer and discharge summaries.
10. Works in conjunction with Building Bridges Initiative partners.
11. Implements the Building Bridges principals.
12. Assists youth and family with discharge transitions.
13. Contacts referring agency regarding any significant issues or changes in the youth's life.

14. Assumes after hours clinical responsibilities on a rotating basis on call rotation.
15. Implement procedure to ensure agency compliance with DCYG and COA Standards.
16. Attend weekly supervision-group and individual. Attend at least one monthly consultation with St. Mary's consultants. Attend rounds with the medical doctor at least weekly for residential youth.
17. Provide Family Centered Practice.
18. Valid Driver's License and transportation required.
19. Complete all Standards of Excellence trainings.
20. Perform other tasks as assigned.

Position Qualifications:

Candidate must have a Master's Degree in Social Work, Mental Health, Marriage and Family Therapy or equivalent. Valid Driver's License and access to a working vehicle preferred. Excellent computer skills and writing skills required. Must be able to walk up and down stairs to provide home-visits.