



9TH ANNUAL TRAINING SERIES

Presented by The Outpatient Department of St Mary's Home for Children and focusing on strengthening and supporting children, adults, and families.

Established in 1985, the Outpatient Department (known as the Shepherd Program) provides treatment and support to survivors of sexual abuse/exploitation, family violence, physical abuse, and other trauma and their families through a myriad of programs in office, home, and community. Referrals welcome.

March 16, 2022 from 10 am-noon: [Strengthening Families Formed Through Adoption and Foster Care](#)

Presented by Melissa Santoro, LICSW (2 CEU; VIRTUAL) This workshop will focus on how sexual abuse may affect families formed through adoption and foster care & ways service providers can provide support & education to assist these families with their needs. Training participants will leave with practical strategies to strengthen families and assist with sexual abuse specific therapy needs.

May 17, 2022 from 9 am-noon: [Non-Toxic Masculinity: Treatment Approaches for Male Survivors of Sexual Abuse](#)

Presented by Adam Cable, LICSW (3 CEU; VIRTUAL). This workshop will focus on treatment approaches for male survivors of sexual abuse in the context of a patriarchal society and a culture of toxic masculinity. Elements of toxic masculinity will be reviewed, followed by in-depth discussion of treatment tools and strategies to help repair the damage done by sexual abuse. Attendees of past trainings on toxic masculinity will have a chance to build a more advanced repertoire of techniques, while newcomers will have an opportunity to explore the fundamental concepts.

July 20, 2022 from 10 am-noon: [The STAAR Model](#)

Presented by Jessica Clark, LICSW (2 CEU; VIRTUAL). This training will provide an overview of the STAAR Model of treatment for victims of human trafficking and high risk youth. The STAAR Model was developed 6 years ago as our state's only intensive clinical service for CSEC victims. It has expanded and adapted over the years to serve both CSEC victims, high risk youth and adults who have been victims of human trafficking. We will discuss the five main program components as well as the knowledge needs of CSEC service providers.

April 7, 2022 from 10 am-noon: [Making Play Therapy Your Friend](#)

Presented by Melissa Santoro, LICSW (2 CEU; VIRTUAL). This workshop will explore play therapy basics, through client stories as well as suggestions regarding selecting play therapy items. Participants will increase their knowledge regarding session dynamics, play therapy techniques and common themes seen in play therapy. This workshop would benefit therapists working with children, teens, adults, and families.

June 7, 2022 from 9 am-noon: [Intimacy After Sexual Abuse; A Life Course Overview](#)

Presented by Adam Cable, LICSW (3 CEU; VIRTUAL). This workshop will examine the clinical issues around intimacy that arise after sexual abuse. It will look at intimacy throughout the life cycle, taking into account cultural, historical, and generational factors that impact the healing process. Participants will be asked to consider the roles of people who have experienced sexual abuse, their romantic and/or sexual partners, as well as close friends and family members in creating safety (or triggering trauma). We will explore the nervous system through the lens of polyvagal theory and how to gain more awareness and regulation.

August 18, 2022 from 9:30 am-noon: [Therapeutic Activities for Sexual Abuse Treatment](#)

Presented by Melissa Santoro, LICSW (2.5 CEU; VIRTUAL) This workshop will provide concrete session activities that can be used with children and families that have been impacted by sexual abuse. Participants will leave the workshop with information from research regarding barriers and potential solutions to involving families in sexual abuse specific treatment.

2022 Cost: \$35 training/\$50 with CEUs

Registration and payment online: <https://www.eventbrite.com/cc/st-marys-training-185669>

Clinicians are available to train on a variety of topics related to trauma. Customized trainings offered. For more information, contact Director Melissa Santoro at msantoro@smhfc.org.