



ADULT OUTPATIENT SERVICES

Providing community- and office-based services to children, adults, and families affected by sexual abuse, sexual exploitation, and other trauma such as family violence and physical abuse

Did you know that The Shepherd Program at St. Mary's Home for Children also offers outpatient clinical services for adults? Contact our Intake Coordinator, listed below, who will assess if these services are appropriate for you.

Adult Services include:

Families Impacted by Sexual Abuse (FISA) Curriculum: Designed to provide clinical support and education to parents and caretakers of children and teens that have been sexually abused. Groups occur twice a year with morning and evening options, typically for 12-14 weeks. Clinical benefits of the group include peer support and psycho-education regarding topics such as: sexual abuse impacts, parenting strategies, trauma impacts on the brain, and treatment needs of survivors. In the event that an individual's needs would not be met in a group setting, the program can be offered individually.

Office Based Outpatient Counseling: With a Master's level licensed Clinician is available for adults. All Clinicians provide trauma-informed care and specialize in sexual abuse specific treatment.

Enhanced Outpatient Services (EOS): An intensive community based service provided by a Clinician & Care Coordinator, focusing on safety, stability, and achieving well-being. Services include: individual and family therapy, care coordination, support & education specific to mental health needs, up to 20 hours per week.

Supporting Teens and Adults At-Risk (STAAR): Serves male and female survivors of sexual exploitation and trafficking, up to age 25. Clients receive both clinical and care coordination services up to 16 hours per week in the home/community.

Hope for Healing: Clinical Support Group for Adult Female Trauma Survivors: An on-going weekly support group for women that focuses on clinical support and psycho-education specific to trauma survivors.

To make a referral or inquire further about any of our Outpatient services, please call our Intake Coordinator at 353-3900 x416.

St. Mary's also offers Outpatient Services for children, Residential Services for children, and the George N. Hunt Campus School. Please visit our website at www.smhfc.org for more information.

