

# About Us

Since 1877, the non-profit St. Mary's Home for Children has been caring for Rhode Island's most vulnerable children and families with Residential programming, Outpatient Services, and the George N. Hunt Campus School.

The Outpatient Department, known as the Shepherd Program, provides a variety of services to support children, adults, and families impacted by sexual abuse, sexual exploitation, and other trauma, such as family violence and physical abuse. Expert staff provide advocacy, care coordination, resource development, crisis intervention, and education to clients and families in addition to individual, group, and family therapy.

Our staff's vast experience in the treatment of sexual abuse, sexual exploitation, and trauma have brought them to local and national forums which have allowed us to share our expertise, treatment techniques, treatment successes, and clinical insight with others.

[www.smhfc.org](http://www.smhfc.org)

St. Mary's Home for Children  
420 Fruit Hill Avenue  
North Providence, RI 02911



## TRAUMA-INFORMED SCHOOLS TRAINING AND CONSULTATION

Giving educators the tools they need  
to keep students' trauma from  
interfering with learning



**St. Mary's**  
HOME FOR CHILDREN

*Healing Lives, Restoring Hope – Since 1877*



IMPROVE  
LEARNING

## Trauma is affecting learning in the classroom

The number of children who have experienced trauma continues to increase. The impact of these traumatic experiences interfere with a child's ability to learn and an educator's ability to meet students' needs. In order for educators to be accessible and caring, they need a bag of tricks to meet the students' needs while understanding the importance of self-care and of meeting their own needs. It's a difficult but necessary balance - one we want to help educators to master through our Trauma-Informed Schools Training and Consultation.

## Three tiers of support

### Support and education about trauma

What is trauma? How to identify it in the classroom? How to respond? How does trauma impact various family cultures and needs? Specific topics such as ADHD vs. trauma, interrupted child development, and the impact of trauma on the brain will be explored. Plus, the importance of engaging in self-care will ensure the educator's needs are being met, so they can positively address the students' needs.

### Concrete strategies for the classroom

Topics include how to structure classroom time to allow for brain breaks, quiet and calm sensory interventions, and safe feelings expression. This predictable routine allows the child's brain to be focused and attentive in order to increase their learning readiness and decrease less desirable classroom behaviors.

### Specific suggestions for individual classrooms

Being able to observe and make personalized suggestions for interventions in the classroom provides helpful tools for educators who may be challenged with individual students' presentations and needs. This allows for one-on-one coaching opportunities in which a Clinical Team Member can mentor the educator on their self-identified needs related to their classroom dynamics.

## Contact

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## Cost

Training: \$250/hour      Individual Consultation: \$200/hour